

SCHEDULE OF SERVICES

AUGUST 2 - AUGUST 30, 2020

Date	Feast	Service	Time
August 2 Sun.	8 th Sunday after PENTECOST - Tone 7. Translation of the relics of Archdeacon Stephen	Liturgy of St. John Chrysostom: 1 Cor. 1:10-18; Matt. 14:14-22	9:00 am
August 5 Wed.	THE HOLY TRANSFIGURATION OF OUR LORD GOD AND SAIOR JESUS CHRIST	Great Vespers	6:00 pm
August 6 Thurs.		Liturgy of St. John Chrysostom: 2 Peter 1:10-19; Matt. 17:1-9	9:00 am
August 9 Sun.	9 th Sunday after Pentecost- Tone 8. Glorification of Ven. Herman of Alaska	Liturgy of St. John Chrysostom: 1 Cor. 3:9-17; Matt. 14:22-34	9:00 am
August 14 Fr.	THE DORMITION OF OUR MOST HOLY LADY THEOTOKOS AND EVER-VIRGIN MARY	Great Vespers	6:00 pm
August 15 Sat.		Liturgy of St. John: Phil. 2:5-11; Luke10:38-42;11:27-28	9:00 am
August 16 Sun.	10 th Sunday after Pentecost- Tone 1. Martyr Diomedes the Physician of Tarsus	Liturgy of St. John: 1 Cor. 4:9-16; Matt. 17:14-23	9:00 am
August 22 Sat.	11th Sunday after Pentecost-	Great Vespers	6:00 pm
August 23 Sun.		Liturgy of St. John: 1 Cor. 9:2-12; Matt.18:23-35	9:00 am
August 29 Sat.	THE BEHEADING OF THE HOLY GLORIOUS PROPHET, FORERUNNER AND BAPTIST JOHN	Liturgy of St. John: Acts 13:25-33; Mark 6:17-23	9:00 am
August 30 Sun.	12 th Sunday after Pentecost- Tone	Liturgy of St. John: 1 Cor. 15:1-11; Matt. 19:16-26	9:00 am

SAINTS PETER AND PAUL UKRAINIAN ORTHODOX CHURCH

21 Evergreen Rd. Lyndora, PA. 16045 724-287-4448(Church) 724-282-6190 (Hall) http://peterandpauloclyndora.itgo.com April 7th, 2020 Father Yurii Bobko, Pastor 908-458-2076(Cell Phone Number) Protopresbyter William Diakiw, Attached Parish Board President: Robert Prokopchak Choir Director: Lydia Rudolf

******* PARISH NEWS AND UPDATES *************

Dear brothers and sisters! Once again I would like to remind you that we have received the blessing of the Council of Bishops to resume liturgical services in our Sts Peter and Paul UOC!

PLEASE, before going to the church make sure you have read all the responsibilities and rules that applied for the church visit during these days!

We wish to announce our parish annual meeting. It will be held on September 13 at 12 PM at the hall. The executive board positions up for election are: vice president, treasurer, and director. There is also a need for two volunteers from the parish to conduct our annual financial audit prior to the meeting. Please contact a board member if you are interested. Participation in the annual meeting will be possible via Zoom teleconference; please let Rob Prokopchak know if you would like to join the meeting this way.

We are going to continue doing the Prayer Corner during the Liturgy. If you have and know anybody from you Family, relatives, or friends who you would like Fr. Yurii to remember and pray during liturgy, please submit the names on the card to Fr. Yurii before Liturgy.

As was announced before due to coronavirus, our pirohi sale will be canceled until further notice. Please keep your eyes and ears open for any opportunity to help those in need, if you are able. Also be sure to pray for all the people who have been negatively affected by the pandemic.

We encourage everyone to give generously to your parish to maintain our parish financial stable as for now any kind of activity (sales etc.) is forbidden because of the pandemic.

PLEASE NOTE, if there is a need for confession, memorial service at the cemetery or home visit, you will need to inform Fr. Yurii and after this the time and day will be appointed for home visit or for confession at the parish Church of Ss. Peter and Paul!

For healing and god health: Fr. William, Sonia, Lydia, Mark, Arianna, Ethan, Catherine, Cooper, Tucker, Bob, Olha, Timothy, Sherry, James, Robert, Carol, Gary, Maria, Dorothy, Deborah, Larry, Ruth, Ted, John, Kenneth, Ronald, Rosalie, Rowena, Donna, Frank, Sheryl, Patty, Rose, Antoinette, Barbara, Barbara, Amil, Eugene, Jean, Ron, Keith, Mary, John, Todd, Brenda, John, Helen, John, Stanley, George, Victor, Yulia, Pavlo, Patricia, Robert, Linda, Ronald, Rose, Debbie, Rhea Jean, Emil, Elizabeth, Karen, Steven, Alexander, Robert, Lovie, Julie, Genia Jennifer, Dennis...

Dormition Lent



During fasting, the Church prescribes moderate consumption of food and drink, and, moreover, food is not meager, but lean. The Church Rite clearly depicts both the time of consumption and the quality of lean food. Everything is strictly calculated in order to weaken in us the passionate movements of the flesh, excited by the abundant and sweet nourishment of the body; but so as not to completely relax our bodily nature, but - on the contrary - to make it light, strong and capable of obeying the movements of the spirit and cheerfully fulfilling its demands. Fasting is a necessary means for success in the spiritual life and for receiving salvation, for fasting, taking away excess food and excess drink from the flesh,

weakens the power of sensual instincts. This shows that the benefits of fasting are manifold:

a) fasting quickly and clearly shows a person that little is needed for his life, and his health depends not on refined, but on simple food and drink; b) fasting very soon reveals the passions and vices prevailing in a person, to which he has clenched his heart, and that his flesh loves him most of all; c) fasting makes us capable of prayer and meditation on God and the Divine. "He who fasts prays with a good spirit," says St. John Chrysostom.

In general, fasting is a powerful means of preparation for all great and saving deeds. This was deeply felt by all prudent and God-loving people - always and everywhere. All the saints fasted themselves very strictly and unanimously advised others to fast.

The Church teaches what should be abstained from during fasting - "all piously fasting should strictly observe the regulations on the quality of food, that is, abstain in fasting from some food, not as from bad ones (but not will be this), but as from obscene fasting and prohibited by the Church. Food which should be abstained from during fasts: meat, cheese, butter, milk, eggs, and sometimes fish, depending on the difference between holy lent. The Dormition Fast is not as strict as the Great Fast, but more strict than St. Peter and the Nativity Fast.

Spiritual fasting is closely connected with bodily fasting, just as our soul unites with the body, penetrates it, revives and makes one whole with it, just as the soul and body are one living person. And therefore, while fasting bodily, at the same time it is necessary for us to fast spiritually: "Fasting, brethren, bodily, we fast and spiritually, let us resolve all union of unrighteousness," the Holy Church commands.

In bodily fasting, in the foreground is abstinence from abundant, tasty and sweet food; in spiritual fasting - abstinence from passionate sinful movements that delight our sensual inclinations and vices. There - the abandonment of fast food - more nutritious and the use of lean food - less nutritious; here is the abandonment of beloved sins and sins and exercise in the opposite virtues. Both the Great and the Dormition Fasts are especially strict with regard to entertainment - public masquerades, spectacles, and performances during the Great and Dormition Fasts.